

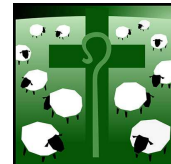


ST THOMAS THE APOSTLE PARISH, KAMBAH

37 Boddington Crescent Kambah ACT 2902

Phone: 6231 9219

Website: kambah.org Email: kambah@cg.org.au



Sunday 14th June – 11th Sunday in Ordinary Time – Year A

Entrance Antiphon

Cf Psalm 26:7,9

O Lord, hear my voice, for I have called to you; be my help. Do not abandon or forsake me, O God, my Saviour!

First Reading

Exodus 19:2-6

A reading from the book of Exodus

From Rephidim the Israelites set out again; and when they reached the wilderness of Sinai, there in the wilderness they pitched their camp; there facing the mountain Israel pitched camp.

Moses then went up to God, and the Lord called to him from the mountain, saying, 'Say this to the House of Jacob, declare this to the sons of Israel, "You yourselves have seen what I did with the Egyptians, how I carried you on eagles' wings and brought you to myself. From this you know that now, if you obey my voice and hold fast to my covenant, you of all the nations shall be my very own, for all the earth is mine. I will count you a kingdom of priests, a consecrated nation."'

The Word of the Lord

Thanks be to God

Responsorial Psalm

Ps 99:2-3. 5. R. v.3

Ⓜ We are his people: the sheep of his flock.

1. Cry with joy to the Lord, all the earth.

Serve the Lord with gladness.

Come before him, singing for joy. Ⓜ

2. Know that he, the Lord, is God.

He made us, we belong to him,

we are his people, the sheep of his flock. Ⓜ

3. Indeed, how good is the Lord,

eternal his merciful love.

He is faithful from age to age. Ⓜ

Second Reading

Romans 5:6-11

A reading from the letter of St Paul to the Romans

We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners. Having died to make us righteous, is it likely that he would now fail to save us from God's anger? When we were reconciled to God by the death of his Son, we were still enemies; now that we have been reconciled surely we may count on being saved by the life of his Son? Not merely because we have been reconciled but because we are filled with joyful trust in God, through our Lord Jesus Christ, through whom we have already gained our reconciliation.

The Word of the Lord Thanks be to God

Gospel Acc.

Mark 1:15

Alleluia, alleluia!

The kingdom of God is near; repent & believe the Good News! Alleluia!

Gospel

Matthew 9:36 – 10:8

A reading from holy Gospel according to Matthew

When Jesus saw the crowds he felt sorry for them because they were harassed and dejected, like sheep without a shepherd. Then he said to his disciples, 'The harvest is rich but the labourers are few, so ask the Lord of the harvest to send labourers to his harvest.'

He summoned his twelve disciples, & gave them authority over unclean spirits with power to cast them out and to cure all kinds of diseases and sickness.

These are the names of the twelve apostles: first, Simon who is called Peter, and his brother Andrew; James the son of Zebedee, and his brother John; Philip and Bartholomew; Thomas, and Matthew the tax collector; James the son of Alphaeus, and Thaddaeus; Simon the Zealot and Judas Iscariot, the one who was to betray him.

These twelve Jesus sent out, instructing them as follows:

'Do not turn your steps to pagan territory, and do not enter any Samaritan town; go rather to the lost sheep of the House of Israel. And as you go, proclaim that the kingdom of heaven is close at hand. Cure the sick, raise the dead, cleanse the lepers, cast out devils. You received without charge, give without charge.'

The Gospel of the Lord

Praise to you Lord Jesus Christ

Communion Antiphon Psalm 26:4

There is one thing I ask of the Lord, only this do I seek: to live in the house of the Lord all the days of my life.

REFLECTION by Fr Michael Tate Guts in a Knot

When Jesus saw the crowds 'he felt sorry for them'. The Greek original actually says 'his guts were in a knot'. When Jesus saw a desperate need he found it stomach-churning stuff.

Our bodies often tell us what we should pray for. Another good signal is tears, not only of sadness but also of joy.

Body-felt impulse and prayer go together, whether celebrating good things or confronting bad things. This is what our Lord wants and, where possible, leading to effective action... labourers in the harvest.

So, when our body gives us the signal – stomach in a knot, or tremendous joy flooding into our lives – follow the body's signals. Pray for the person or the situation concerned. You can be sure that your prayer will be authentic.

© Fr Michael Tate; mtate@bigpond.com

Acknowledgement of Country

We acknowledge Traditional Owners of Country throughout Australia & recognises the continuing connection to lands, waters & communities. We pay our respect to Aboriginal & Torres Strait Islander cultures; & to Elders past & present.



Website
Kambah.org

Sunday 14th June 2026 – 11th Sunday in Ordinary Time -YA

Parish Priest Fr Eden Langlands 6231 9219
School Principal Mrs Ursula Jamieson..... 6231 4144
Parish Secretary Mrs Elizabeth Wilson..... 6231 9219
Parish Office Mon, Wed & Fri..... 9am-12pm
Safeguarding Officer Bruna Strmota..... kambah.safeguarding@cg.org.au
Office E-Mail kambah@cg.org.au
Fr Eden's E-Mail eden.langlands@cg.org.au



Facebook



WEEKDAY LITURGICAL CELEBRATIONS:

Monday No Service Weekday in OT
Tuesday 5:00pm Adoration followed by 6:00pm Mass (Confession available)
Wednesday 8:30am Adoration followed by 9:30am Mass Weekday in OT
Thursday 8:30am Adoration followed by 9:30am Mass Weekday in OT
Friday 8:30am Adoration followed by 9:30am Mass Weekday in OT
Saturday 9:30am Mass Weekday in OT

WEEKEND CELEBRATIONS

Saturday 5pm - 5:30pm Confession
Saturday 6pm Vigil Mass 12th Sunday in Ordinary Time
Sunday 8:30am & 10am Mass 12th Sunday in Ordinary Time

Event Name: ALIVE: BBQ + Praise Night

Join us for a BBQ dinner & praise night at ALIVE - a time to deepen your faith & gather as a young adult community. Whether you're seeking renewal, encouragement, or simply a moment to pause & encounter God, this night is for you. Invite your friends, & we look forward to seeing you there!

Who: Young Adults

When: 6pm, Thursday 18th June 2026

Where: ACU Signadou Chapel, Ground Level, Building 302, 223 Antill Street, Watson

FYI: Please contact Ethan 0413 545 808; or ellen.thomas@acu.edu.au for ACU students. ALIVE is an event run by ACU Campus Ministry & the Disciple of Jesus Covenant Community.

In memoriam: Fr Michael Tate AO (1945–2026)

Dear friends,

It is with great sadness that we write to share the news that Fr Michael Tate AO passed away on Fri 5th June. For so many in our community, Fr Michael's name will be a familiar one & his loss will be felt deeply. Fr Michael supported LiturgyHelp from the very beginning, & in every way he could. He saw clearly the value of good liturgy in the life of a parish — the way it gathers a community together in worship & draws people closer to one another. For many years, he wrote homilies & reflections on the gospel for LiturgyHelp. We know that many of you have relied on these week after week, both in those early writings and in his more recent reflections. His words have been a quiet, faithful companion in parishes across the country. For the founders of LiturgyHelp, he was a mentor, a friend, and a fierce supporter. His contribution to our work sits alongside a lifetime of service — through his political and public service, & through his ministry in the Catholic Church. He was, above all, a man of peace & justice. He will be deeply missed by all of us at LiturgyHelp. We extend our heartfelt condolences to his family, his friends, & his parish community. May he rest in peace.

The team at LiturgyHelp

Online Resources

Archdiocese www.cgatholic.org.au/
www.facebook.com/archdiocesecanberraagoulburn
Catholic Voice www.facebook.com/CatholicVoiceAustralia/
www.instagram.com/thecatholicvoice/
www.youtube.com/catholicvoice
Caritas www.caritas.org.au/
Vatican News www.vaticannews.va/en.html

Kambah SVDP Update

There are lots of ways to help the poor. One of our parishioners is helping by knitting beanies. The Vinnies Night Patrol will give these out over the colder nights to those who approach the Van seeking food & other assistance. This practical help is magnified as she purchases the wool from a Vinnies store, where monies raised also go to our poor and needy. We are also happy to receive donations of non-perishable food in the baskets located in the church foyer.

Fete Craft Meeting.

Tue 16th June 10am - 12pm in Parish Meeting Room.
FYI call Trudie 0419 293 190

Bible Study

Wednesday evenings @ 7:30pm.
We will be studying the Acts of the Apostles. No experience necessary.
Come as you are FYI Trudie 0419 293 190

Parish Contributions

Thank you for your financial support. Donations can be made by **Direct Debit / Direct Credit / Credit Card / Envelopes / EFTPOS** machine located in foyer.
FYI please contact office.

**Vocations Discernment Silent Retreat
19th June 6pm**

St Clement's Galong NSW. For men interested in discerning a call to the Priesthood. One day of insightful input within a retreat centre of noted deep spiritual ambience. To RSVP please contact Vocations Director Fr Emil emil.milat@cg.org.au 0414 523 036.

21st June 2026 - 11th Sunday in OT YA

Ent. Ant. [Cf Psalm 27:8-9](#)
1st Reading [Jeremiah 20:10-13](#)
Res. Psalm [Ps 68:8-10. 14. 17. 33-35. R. v.14](#)
2nd Reading [Romans 5:12-15](#)
Gospel Accl. [John 15:26. 27](#)
Gospel [Matthew 10:26-33](#)
Com. Ant. [Psalm 144:15](#)

Weekend 3 (20 th – 21 st Jun 2026)	6pm	8:30am	10am
Acolyte	Michael	Wayne	Phil
Reader	Leilani & Rebello's	Angela & Stewarts	Help Needed
Music Team	Ester	RRV Family	Bruna
Counters	Andrew & Cecily	Cleaners	Strmota & Ken R